





# Upcoming Events

## Save the Date!

### Fireside Feast

Wed. October 12th 12-3PM

### New Age Crime Stoppers

Thu. October 13th 10AM

### Flu Shots offered by National Church Residences

Thu. October 20th 1-3 PM

### Octoberfest!

### Costume Contest, Chili & Bingo

Wed. October 26th 12-3PM

### Election Day

Tue. November 8th

(Middle room unavailable for Senior programming)

### Lunch & Learn

Wed. November 9th

### Center closed for Veterans Day

Fri. November 11th

### Wine & Dine at New Albany Rehab, Skilled Nursing, and Assisted Living

Tue. November 15th 2:30-3:30PM

### Tanger Outlet Shopping Trip

Fri. November 18th 8:30 - 3:30PM

### Center Closed for Thanksgiving

Thu. Nov 24th & Fri. November 25th

### An Amish Christmas Visit

Thu. December 1st (Berlin, OH)

### Christmas Social & Open House

Wed. December 14th 1PM

Open to Public

### Center Closed for Holidays

Mon. December 19th through

Mon. January 2nd (Re-open Jan 3rd)

*Pictured below: Crafts for sale from our Senior Craft Group. Please support our fundraising efforts to help children at Nationwide Children's Hospital.*



### OSU Progressive Tailgate Party

Friday Oct. 21, 10am-1:30pm

Enjoy complimentary food, games and prizes at Ohio's starting line-up of senior living centers.

Stop 1: Appetizers at "The Worthington"

Stop 2: Lunch at "The Rehabilitation and Health Center of Gahanna"

Stop 3: Desserts at "Brookdale Chestnut Hill"

Transportation to each location provided from start to finish.

**Be sure to wear your favorite buckeye gear!** Must register due to limited space.



### Potluck & Project Interact



This wonderful inter-generational program runs monthly during the school season every first Wednesday of the Month. Please register and plan to join us as we get to know, and learn with, our Gahanna school students!

### 2017 Trip Presentations

Thursday October 27th

10:30AM

Presented by World of Travel  
FREE snacks provided for all attendees

### 2017 Active Seniors Trip & Travel Programs

For those who register for a 2017 World of Travel program during the months of October, November, and December 2016, you will be entered into a drawing to win a **\$50 gift certificate** towards your World of Travel trip! Winner to be announced this December.

**Four Corner National Parks!**

**Christmas Market Cruise on the Danube River!**

**Chicago Escape! Best of Pittsburgh!**

**Paradise in Punta Cana!**

Obtain trip details and brochures at our office



### New Class! "Herbal Kitchen & Culinary Delights"

Every first Tuesday, come learn herbal tips and tricks as we sample culinary recipes.

On October 4th, we will explore butters and infused oils. 10:30-11:30am

\$5/person. (please register in advance)

### Senior Advisory Committee

Welcome to our newest Committee member, Laura Emler. Our next meeting will be October 19th at 3:30

### Senior Spotlight Now Online!

Go to [www.gahanna.gov](http://www.gahanna.gov) → Departments → Parks & Recreation → Senior Center → Monthly Newsletter

# Meal Programs



(Please register at the front desk for all meal programs)

### Lunch Social

Tuesday October 11th, 11:30 am.

Soup is back! Visit with fellow members and enjoy meatball with pasta soup, garlic bread, salad, and a dessert. \$5/person.

### Lunch & Bingo (during our Octoberfest! Costume contest)

Wednesday October 26th, 12 noon.

Lunch is \$5.00 (Chili, cornbread, and dessert) Bingo \$2.00.

Register at the front desk by Monday, September 26th 12 noon.

### Lunch Bunch

**If riding the van, \$4 collected at time of sign up (non-refundable)**

**Senior Van will leave Senior Center 30 minutes before start time.**

**If you sign up and need to cancel, please do so ASAP so other members on the waiting list may attend. Also, restaurants are expecting a certain number of confirmed guests which we provide them. Thank you.**

October 19 - Marcella's (Polaris) 11:30 am (note time)

November 16 - Cheesecake Factory (Easton) 11am

December 9 - Hickory House (Gahanna) 11am (This is a Friday)

### "Potluck & Project Interact" is back!

Join us for special presentations by students of the Gahanna School district. We also enjoy a potluck lunch together in this wonderful inter-generational program. Time well spent!

October 5th 11:30am - Goshen Lane Drama Camp Group

November 2nd 11:30am

December 7th 11:30am

### Lunch & Learn!

Join us for a FREE lunch and a guest presentation.

Wednesday November 9th 11am

"Physical Activity and Cognitive Function" presented by Spencer Fee, Wellness Coordinator for Methodist Eldercare, the parent company to Wesley Woods at New Albany.

### Microwave Meals (new class!)

Make an entire meal in your microwave with simple easy-to-follow recipes.

Cost \$5/class. Instructor: Patty Miller

Mondays 11-12:30pm

October 17th, November 21st, December 12th



*On August 31st, a group of Active Adults/Active Seniors enjoyed an afternoon of canoeing on the Alumn Creek reservoir. We enjoyed some beautiful sights and a great time was had by all!*

*Pictured above: Robert and Marjorie Mullins*

*Pictured below: Ellen and Chuck Weiden*



Please contribute to our food donation box located on the kitchen counter as we support GRIN, Gahanna Residents In Need." Our Center does NOT collect clothing, only non-perishable food. If you have clothing you would like to donate, please do so at the GRIN office located at 760 Morrison Rd Suites A&B. They are currently accepting Fall and Winter donations. Please visit GRIN's website for hours of operation. Thank you for your support.

### Welcome New Members!

Susan Goodman \* Deborah Anderson \* B. Thersa King

Alan King Martha Reddy \* Madonna Bucceri \* Kaz Jeffries

Barb Jeffries \* Janice Crissman Irma M. Wolfe

Mary Berger \* Marlene Compton \* Brian Friedman

Douglas Huss \* Martha Huss \* John Jeffries

Rebecca Jeffries Deborah Jones \* Doris Kaufmann

Mary Lager \* Karen Linnenkohl Susan Toney

Harry L. Kring \* Beverly J. Kring \* Connie Colbre